

## General Consent to Care

I understand that supplement suggestions are provided by Amy Naim, a holistic nutrition consultant. Amy does not prescribe prescription medicine or address pharmaceutical contraindications.

We recommend those in the care of a health care professional or currently using prescription medications to discuss all dietary and supplement changes with a primary physician. Do not discontinue prescription medications without first consulting the prescribing practitioner.

I understand that suggestions given by Amy Naim are not a substitute for the diagnosis, treatment, or care of any disease.

I acknowledge that the supplement suggestions provided are independent from any care being received from any medical facility and are in no way intended to be construed as medical advice or care.

We recommend regular medical care and supervision be continued by a primary care physician.

I acknowledge and take full responsibility for my well-being and that of any children under my care (where applicable), including all decisions regarding the supplements suggested to me.

I expressly assume the any risks of taking supplements and homeopathy, including the risks of trying new foods, and those inherent in making lifestyle changes.

I release Amy Naim and Realistic Health and Wellness, from all liability, damages, causes of action, allegations, suits, sums of money, claims and demands whatsoever, in law or equity, which I ever had, now have, or will have in the future arising from my past or future participation in, and with respect to, the Cyberscan supplement scans. Amy Naim and Realistic Health and Wellness will keep client information private, and not share the information to any third party, unless compelled to by law or with the consent.

I, the undersigned, hereby consent to health care and suggestions as deemed necessary and proper by Amy Naim. I certify that I have read these policies and agree to abide by all requirements.

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Name of client

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Signature of client or guardian

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Date